



# A New Year-Time to Improve Your Health with HBOT

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**S**troke: A stroke is devastating not only to the victim, but to all family members as well.

It has been estimated that there are about 1.7 million stroke survivors in this country. They may be survivors of death, but not devastating consequences such as paralysis, life in a wheelchair, impaired speech and thought processes.

Stroke is caused by a sudden loss of blood and oxygen to a specific area of the brain, which kills off a central core of brain cells. With the death of these cells and the swelling this causes, blood and oxygen are further isolated from the surrounding cells, which also then swell... and the cycle tends to repeat itself. These surrounding cells - rather than the irreversibly damaged central core itself - can cause much of the stroke patient's disability. If these marginal (viable, but not functioning) cells can be revived with sufficient oxygen, substantial and sometimes dramatic recovery may result. These cells contain idling neurons. Reduction of swelling and newly formed blood vessels resulting from HBOT brings fresh blood with oxygen and nutrients to the damaged tissue. Neurons gradually reconnect, restoring these cells and increasing body function. HBOT will not restore dead brain tissue, but will restore some of the surrounding affected tissues.

Since the early 1970's, scientific journals have reported over 1,000 cases demonstrating a 40-100% rate of improvement for stroke patients treated with HBO.

In addition to the remarkable results in stroke patients, Dr. Neubauer, a pioneer in the use of hyperbaric oxygen for various neurological diseases, has reported similar results in other types of brain injury treated with hyperbaric oxygen including traumatic injuries and anoxic events. After brain trauma from an accident, brain cells die from lack of oxygen. A 1975 clinical trial of 99 patients with brain trauma in the mid-brain found that HBO therapy decreased mortality by 40%. A 1990 Study found that neurons can be reactivated up to 14 years after a traumatic injury. Isn't stroke a traumatic brain injury?

At the local facility I frequent, I recently learned about a man who started HBOT after his stroke. One significant plus was that he started within weeks of having his stroke because his family knew the benefits of oxygen at this critical time. His left side was affected, he required a walker, and his left hand was clenched. When he had his stroke he fell and injured his ribs and was experiencing considerable pain. After a few hyperbaric sessions, his pain diminished. The first notable improvement was his ability to open and close his hand and lift his arm. In a matter of days he no longer needed a walker for balance. There are others too, with similar exciting tales to tell.

Ulcers: Stomach, diabetic, lupus... and probably those stemming from most any source.

Because HBOT infuses all body fluids with the healing benefits of molecular oxygen, healing is achieved in less time and chance of infection is reduced. This is why HBOT is so successful in helping heal most any kind of ulcer, no matter where on or in the body it is.

My husband developed a diabetic ulcer over the entire bottom of his big toe. He was prescribed antibiotics and sent home. Next appointment he got a doctor who was alarmed over the site because it looked infected, and some dead tissue had to be cut away. In addition to prescribing topical medication, she also approved HBO. We were worried because after waiting 3 years for it, he finally had cataract surgery scheduled in 2 weeks and feared they would cancel it because of the condition of his toe. After only 10 days of double sessions of HBOT the doctor happily cleared him for eye surgery. The ulcer had reduced in size by half and all infection was gone. She was not surprised though, because she knew the benefits of HBO.

I've written before of my niece who, after a series of HBOT, enjoyed the healing of hand and foot ulcers from Lupus that she'd fought off and on for 15 years or more. She had many other healings, including a stomach ulcer. She has said many times "HBO saved my life".

Doctors thought another client had a growth in stomach and wanted to do surgery. Not wanting surgery, he decided to try HBOT first. It turned out to be an ulcer that totally cleared up with 20 HBO sessions.

Out of space again! Watch for new topics next issue. But for now...Happy New Year... may you and yours enjoy an abundance of good health, good quality of life, happiness and stress free days! See you at the HBOT clinic!

*After retiring from 35 years in the computer field, Helen developed an interest in alternative health medicine. She became interested and began researching HBOT in an effort to find help and hope for her husband with congestive heart failure and diabetes, her nephew with ALS, and her niece with Lupus. She scoured the Internet, read articles, visited HBOT clinics, and even took dives herself. Her mission was to find out everything that she could about this simple, but powerful, treatment and how it can help. Call 210-654-6464.*

## What is HBOT?

Hyperbaric Oxygen Therapy (HBOT) is a medical treatment approved by the FDA and AMA that delivers pure oxygen to the body in a highly pressurized environment, enhancing tissue levels of life-giving oxygen, thus increasing the body's natural healing process. Normally, oxygen is almost exclusively carried by red blood cells. During HBO therapy, all body fluids are infused with the healing benefits of this molecular oxygen. This promotes healing in less time and reduces chances of infection. It has been employed for more than three decades to treat a variety of medical conditions.